

Hemangioma of the Scalene Muscle Presenting as a Neurogenic Tumor

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Introduction

Hemangiomas are benign lesions accounting for 7% of all soft tissue tumors. The etiology is unknown, possibly congenital in origin. The head and neck region attributes to 20% of the lesions^{1,2,3,4}. Intramuscular hemangiomas (IMHs) are extremely rare accounting for 0.8% of all hemangiomas^{2,5}. IMH in scalene muscle as an entity is extremely rare with this being only the fifth case reported in literature^{6,7,8}. They commonly mimic other supraclavicular neck lesions. Hence predicting them preoperatively is a diagnostic dilemma owing to their rarity and non-specific clinical and radiological findings. In this case it mimicked a neurogenic tumor arising from the brachial plexus. We discuss the clinicopathological findings and treatment options of this rare entity.

Case Report

History and Examination

A 37-year old female presented with 1-year history of progressively worsening pain on the right half of the neck radiating to the right upper limb with associated severe paraesthesias and restriction of shoulder movements. On examination she had a localized non-tender swelling in the right posterior triangle of neck. Neurological examination was unremarkable. Magnetic resonance imaging (MRI) scan revealed a well-defined lesion in the supraclavicular region on the right side. The lesion was isointense on T1 weighted and hyperintense on T2 weighted sequences. Following Gadolinium contrast administration the lesion exhibited intense homogenous enhancement (Fig1 A-E). An Ultrasonography (USG) guided fine needle aspiration cytology (FNAC) was done twice at other institutions. It revealed the lesion to be benign peripheral nerve sheath tumor like neurofibroma or a schwannoma.

Right brachial plexus was explored by supraclavicular approach. The right C5-6 roots to upper trunk and C7 root to middle trunk were exposed. The C8-T1 roots to lower trunk were not clearly visible and were displaced infero-medially (Fig 2A). However, there was no evidence of any tumor involving the brachial plexus. This was really puzzling as no mass lesion was found during surgery. The intraoperative impression assessed a more medial location of the lesion. An interim computed tomography scan (CT) of the right side of neck with angiogram revealed the lesion involving the scalene anterior muscle with brilliant homogenous enhancement (Fig3). Hence after consulting the patient and her relatives a second surgery was planned with a more medial and wider exposure. A sternotomy was performed with proximal control of the right subclavian and carotid arteries. The C8-T1 roots were found to be severely stretched out and were displaced infero-medially. The scalene anterior muscle was bulging. The fibres were splitted longitudinally with partial excision of tumor capsule. A profuse bleeding was encountered during partial excision of the lesion. A subtotal excision of the intramuscular vascular lesion was performed.

The post operative course was uneventful with no obvious neurological deficit. The histopathological examination revealed the lesion to be hemangioma within the scalenus anterior muscle (Fig 2 B,C). The patient was advised sclerotherapy treatment at a later date for the residual hemangioma.

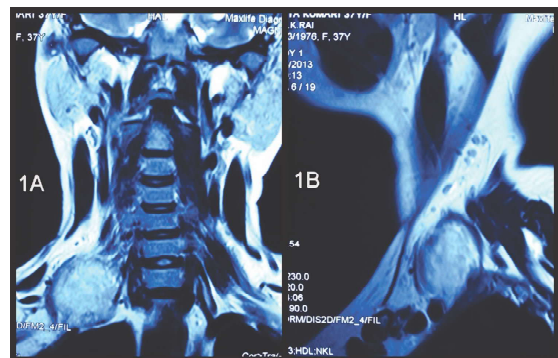


Fig. 1 (A&B) T2- weighted coronal and sagittal images showing hyperintense lesion in the right supraclavicular region of the neck.

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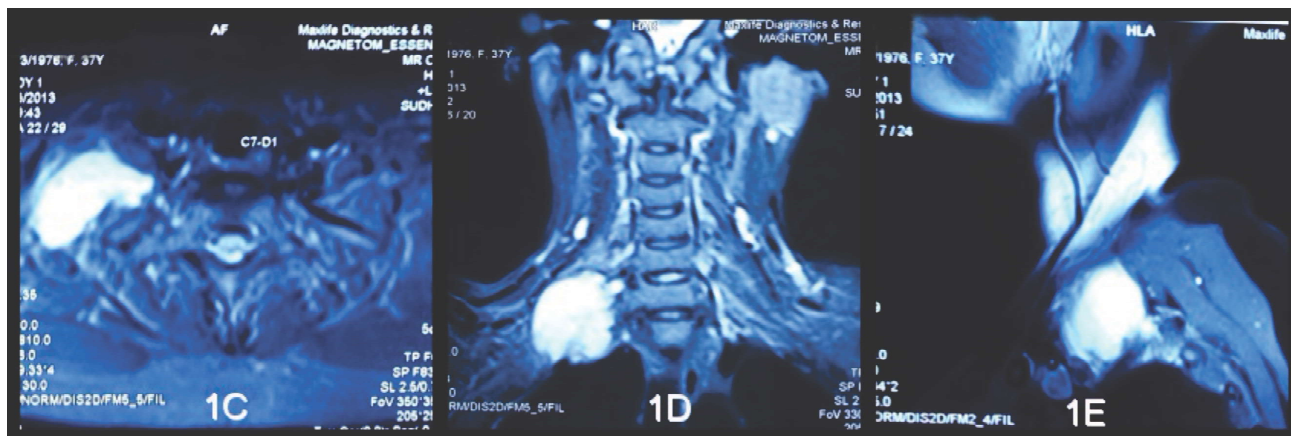


Fig. 1 (C,D,E) Gadolinium enhanced T1-weighted coronal image showing homogeneous brilliant enhancement of the right supraclavicular lesion.

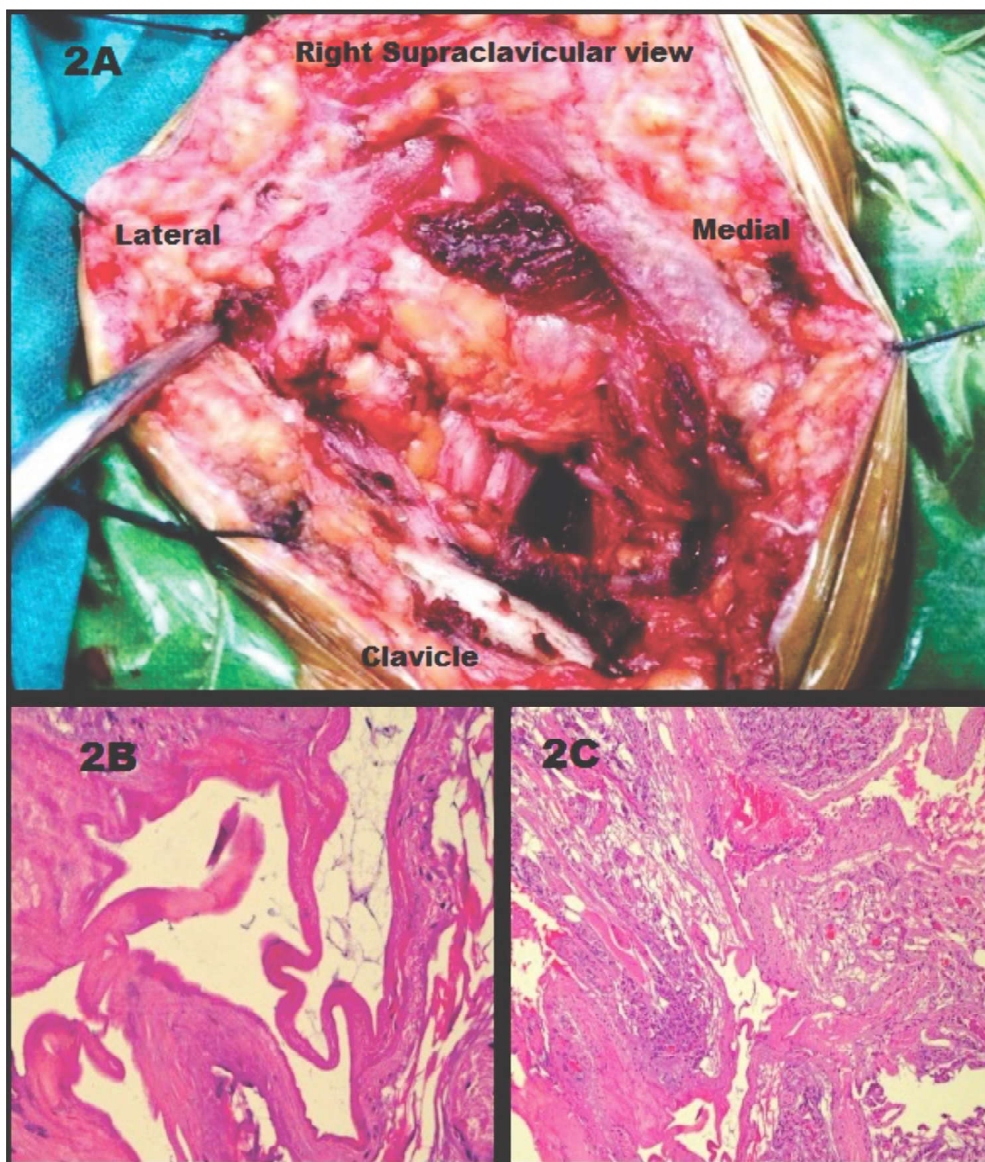


Fig. 2 (A) Shows the intraoperative right supraclavicular view with the suspected lesion in situ, **(B, C)** Hematoxylin and Eosin stained histopathological images of hemangioma admixed with muscle tissue.

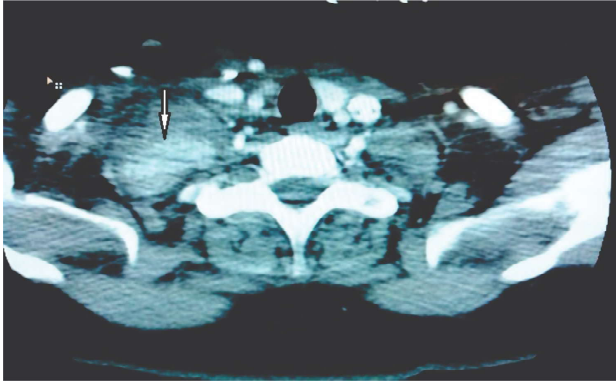


Fig. 3 Interim CT angiogram of the neck showing contrast enhancement of the lesion with prolonged uptake.

Discussion

Hemangiomas are benign, congenital vascular malformations with variable presentations. It can remain either asymptomatic or present as a mass lesion which is at times painful. The asymptomatic lesion can often cause cosmetic concerns⁹. Hemangiomas are more common in females. The commonest location reported for IMH is the masseter muscle¹⁰.

IMH in scalene muscle is extremely rare with this being the fifth case reported in literature^{6,7,8}. The differentials for supraclavicular neck lesions are vagal paraganglioma (VPG), glomus tumor, schwannoma or neurofibroma arising from the brachial plexus, lymphadenopathy, congenital cyst, lymphangioma, rhabdomyosarcoma, benign muscular hypertrophy, or myositis ossificans¹¹.

The factors which misled us preoperatively for a definitive diagnosis were: long clinical history similar to a neurogenic tumor, FNAC reports, MRI characteristics of the lesion lacking salt and pepper flow void appearance, classic for a vascular lesion like hemangioma⁶, and a comparatively more common incidence of brachial plexus tumors (5%) over IMH (0.8%)^{2,5,12}. The pre operative sampling during the FNAC testing was probably taken from a normal element of the brachial plexus.

Hemangioma in the neck usually presents as a painless, smooth rubbery swelling in supraclavicular region with horizontal or side to side mobility but a restricted vertical movement^{6,13}. An accurate preoperative diagnosis of IMHs has been reported in less than 8% of cases^{7,9}. Contrast enhanced CT scan generally reveals a homogeneously enhancing vascular tumor with delayed and prolonged contrast uptake. IMHs on MRI scan demonstrate high signal intensity

on both T1- and T2-weighted images, high signal channels representing vascular spaces, focal heterogeneities and adjacent muscular atrophy.⁹

Treatment options for IMHs involve surgical resection with a margin of normal surrounding tissue as the gold standard.⁶ Surgical margins and tumor size are considered important independent factors in predicting local recurrence free survival. Incomplete surgical resection leads to increased rate of recurrence due to microscopic infiltration into the surrounding muscular tissue¹⁴. Woff et al¹¹. and Tang et al¹⁵. reported local relapse rates of 18% and 19 % respectively after total surgical resection.

The adjunct treatment apart from surgical excision includes intralesional steroid or sclerosant injections, cryotherapy and embolization¹⁴.

Conclusion

Scalene muscles IMH are exceptionally rare lesions. The clinical features and radiological findings are not always diagnostic. These lesions are often misdiagnosed as happened in this case. We suggest the possibility of scalene muscle IMH in the differential diagnosis of supraclavicular lesions.

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